# Henry Ford College COVID Quarantine and Isolation Requirements

## Quarantine
Quarantine applies to someone who may have been exposed to a virus and needs to stay away from others to reduce the risk of spread. This box shows what to do if you were exposed and have no symptoms. If you develop symptoms, you should isolate (see below) until you can be tested. For quarantine, day 0 is the day of exposure.

### Fully vaccinated/immunized
Defined by the county as two weeks after the final dose for your vaccine type or Recovered from a confirmed case of COVID in the last 90 days

### No need to quarantine
Those without symptoms do not need to quarantine. They should monitor for symptoms and wear a well-fitting mask for 10 days.

### Not fully vaccinated
Quarantine through day 5 after exposure
On day 6, you may return to classes or work if you meet ALL of the following conditions:
1. You have not developed any symptoms and have not tested positive for COVID, AND
2. Test negative for COVID on day 5, AND
3. Continue to wear a well-fitting mask for the next five days.

## Isolation
Isolation applies to anyone who has tested positive for COVID or who has symptoms and has not yet received a negative test result or other diagnosis. For isolation, day 0 is the first day of symptoms or the date of the positive test, whichever comes first.

### If you test positive for COVID, or have symptoms and have not tested
You may return to classes or work as early as Day 6, if you meet ALL of the following conditions.
1. Fever-free for 24 hours without using fever-reducing medications, AND
2. Significant improvement in symptoms or are without symptoms, AND
3. Continue to wear a well-fitting mask through day 10.

Students and employees should continue to stay home past day 6 if you do not feel well.