

FIND MOVES THAT FIT YOU!

Our wellness partner, WW, **makes losing weight easier** with their new, science-backed PersonalPoints™ Program.



*People following the WW program can expect to lose 1-2 lbs/week. Amma lost weight on a prior WW program and is continuing on PersonalPoints.

Personal Points™ Meet Your Plan

Get moving when, where, and how you want. Your Points® Budget increases as you track activity.

Discover a program built for you. Unlock a food plan tailored to your taste buds and goals.

Stay inspired. Give your wellness a boost with on-demand workouts, 11,000-plus recipes, and more.

Sign up by June 30 and receive a



JOIN WW FOR A DISCOUNTED PRICE!

- Sign up at <u>WW.com/wellness</u> and enter Access ID: 16792924
 Get your WW Activity Kit at <u>WW.com/activitykit</u>
- ‡You'll receive the products shown above, plus a WW Tubular Resistance Band, Moisture Wicking Headwrap, a coupon booklet worth \$50, and the PersonalPoints Program Guide.

 'Based on a 6-mo clinical study conducted by Dr. Sherry Pagoto at the University of Connecticut.