

# august 2009

All classes meet in the **DGYM** at the Dearborn Heights Campus at 22586 Ann Arbor Trail except for the shaded classes which meet in D112, also on the Dearborn Heights campus. D112

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 jul.	27	28 Zumba 9-10 am	29	30 Hatha Yoga 9:30-10:30 am D112	31 Zumba 10:30-11:30 am	1
	Tai Chi 6:30 - 8 pm D112 Zumba 7:30-8:30 pm		Jazzercise 6-7 pm	Zumba 6-7 pm		
2	3	4 Zumba 9-10 am	5	6 Hatha Yoga 9:30-10:30 am D112	7 Zumba 10:30-11:30 am	8
	Tai Chi 6:30 - 8 pm D112 Zumba 7:30-8:30 pm		Jazzercise 6-7 pm	Zumba 6-7 pm		
				Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 D112		
9	10	11 Zumba 9-10 am	12	13 Hatha Yoga 9:30-10:30 am D112	14 Zumba 10:30-11:30 am	15
	Tai Chi 6:30 - 8 pm D112 Zumba 7:30-8:30 pm		Jazzercise 6-7 pm	Zumba 6-7 pm		
				Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 D112		
16	17	18 Zumba 9-10 am	19	20 Hatha Yoga 9:30-10:30 am D112	21 Zumba 10:30-11:30 am	22
	Zumba 7:30-8:30 pm		Jazzercise 6-7 pm	Zumba 6-7 pm		
				Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 D112		
23	24	25 Zumba 9-10 am	26	27 Hatha Yoga 9:30-10:30 am D112	28 Zumba 10:30-11:30 am	29
	Zumba 7:30-8:30 pm		Jazzercise 6-7 pm	Zumba 6-7 pm		
				Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 D112		
30	31	1 sep.	2	3	4	5
			Jazzercise 6-7 pm	Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 D112		
notes:						

# september 2009

All classes meet in the **DGYM** at the Dearborn Heights Campus at 22586 Ann Arbor Trail except for the shaded classes which meet in D112, also on the Dearborn Heights campus. **D112**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 aug.	31	1	2	3	4	5
			Jazzercise 6-7 pm	Hatha Yoga 1 6-7 pm D112 Hatha Yoga 2 7:15-8:15 pm D112		
6	7 Labor Day	8	9 Jazzercise 6-7 pm	10	11	12 Tai Chi Chaun 11:15 am - 12:45 pm
13	14 Zumba Fitness 10:30-11:30 am	15 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	16 Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm	17 Aerobics 9:30-10:30 am Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112	18 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	19 Head to Toe Body Toning 9-10 am Tai Chi Chaun 11:15 am - 12:45 pm Golf Group 1:15-3:15 pm
	Social Ballroom Dance 6-7 pm Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm	Adult Tap 1 6-7 pm Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		
20	21 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	22 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	23 Gentle Ex/Zumba Gold 9:30-10:30 am Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm	24 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112	25 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	26 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm Golf Group 1:15-3:15 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm	Adult Tap 1 6-7 pm Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		
27	28 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	29 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	30 Gentle Ex/Zumba Gold 9:30-10:30 am Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm	1 oct. Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112	2 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	3 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm Golf Group 1:15-3:15 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm	Adult Tap 1 6-7 pm Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		

notes:

Jazzercise walk-in class \$6 per session or sign up for a package of 4 classes at a discount

Zumba Toning & Zumba Fitness walk-in class \$5 per session or 4 class discount package

# october 2009

All classes meet in the **DGYM** at the Dearborn Heights Campus at 22586 Ann Arbor Trail except for the shaded classes which meet in D112, also on the Dearborn Heights campus. **D112**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 sep.	28 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 pm	29 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	30 Gentle Ex/Zumba Gold 9:30-10:30 am	1 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Adult Tap 1 6-7 pm	2 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	3 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7-8 pm Zumba Toning 8-9 pm	Hatha Yoga 1 6-7 pm D112 Line Dance 7-8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		Golf Group 1:15-3:15 pm
4	5 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	6 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	7 Gentle Ex/Zumba Gold 9:30-10:30 am	8 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm	9 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	10 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm New Session Starts
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7-8 pm Zumba Toning 8-9 pm	Hatha Yoga 1 6-7 pm D112 Line Dance 7-8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		Golf Group 1:15-3:15 pm
11	12 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am New Session Starts	13 Zumba Fitness 9:30-10:30 am New Session Starts Zumba Toning 10:30-11:30 am New Session Starts Line Dance 11:30 am - 12:30 pm	14 Gentle Ex/Zumba Gold 9:30-10:30 am	15 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am New Session Starts Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm	16 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am New Session Starts	17 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm New Session Starts	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 No Belly Dance	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm New Session Starts Zumba Toning 8-9 pm New Session Starts	Hatha Yoga 2 7:15-8:15 pm D112 Line Dance 7-8 pm Zumba Fitness 8-9 pm New Session Starts		Golf Group 1:15-3:15 pm
18	19 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	20 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm Adv Tap 5:30-6:30 pm	21 Gentle Ex/Zumba Gold 9:30-10:30 am	22 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Adult Tap 1 6-7 pm	23 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	24 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 New Session Starts Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7-8 pm Zumba Toning 8-9 pm	Hatha Yoga 1 6-7 pm D112 Line Dance 7-8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		Adv Golf Group 1:15-3:15 pm
25	26 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	27 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	28 Gentle Ex/Zumba Gold 9:30-10:30 am	29 Aerobics 9:30-10:30 am New Session Starts Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm	30 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	31 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7-8 pm Zumba Toning 8-9 pm	Hatha Yoga 2 7:15-8:15 pm D112 Line Dance 7-8 pm Zumba Fitness 8-9 pm		Adv Golf Group 1:15-3:15 pm

notes:

Jazzercise walk-in class \$6 per session or sign up for a package of 4 classes at a discount

Zumba Toning & Zumba Fitness walk-in class \$5 per session or 4 class discount package

# november 2009

All classes meet in the **DGYM** at the Dearborn Heights Campus at 22586 Ann Arbor Trail except for the shaded classes which meet in D112, also on the Dearborn Heights campus. D112

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	3 Zumba Fitness 9:30-10:30 pm Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	4 Gentle Ex/Zumba Gold 9:30-10:30 am	5 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Adult Tap 1 6-7 pm	6 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	7 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm New Session Starts	
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm	Hatha Yoga 1 6-7 pm D112 Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		Adv Golf Group 1:15-3:15 pm	
8	9 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 pm New Session Starts Tai Chi Chuan 6:30 - 8 pm D112	10 Zumba Fitness 9:30-10:30 pm New Session Starts Zumba Toning 10:30-11:30 am New Session Starts Line Dance 11:30 am - 12:30 pm	11 Gentle Ex/Zumba Gold 9:30-10:30 am	12 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm New Session starts Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm New Session Starts	13 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am New Session Starts	14 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm	
	Social Ballroom Dance 6-7 pm Latin Dance 7-8 pm Zumba Fitness 8-9 pm	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm New Session Starts Adult Hip Hop 7 - 8 pm New Session Starts Zumba Toning 8 - 9 pm New Session Starts			Adv Golf Group 1:15-3:15 pm	
15	16 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	17 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	18 Gentle Ex/Zumba Gold 9:30-10:30 am	19 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm Line Dance 7 - 8 pm Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm	20 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	21 Head to Toe Body Toning 9-10 am Cardio Kickboxing 10:05 - 11:05 am Tai Chi Chaun 11:15 am - 12:45 pm Adv Golf Group 1:15-3:15 pm	
	Social Ballroom Dance 6-7 pm Tai Chi Chuan 6:30 - 8 pm D112 Latin Dance 7-8 pm Zumba Fitness 8-9 pm New Session Starts	Adv Tap 5:30-6:30 pm Pilates 6-7 pm D112 Belly Dancing 6:30 - 7:20 pm New Session Starts	Jazz Dancing 6-7 pm D112 Jazzercise 6-7 pm New Session Starts Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm				
22	23 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	24 Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm New Session Starts Adv Tap 5:30-6:30 pm	25 Gentle Ex/Zumba Gold 9:30-10:30 am	Thanksgiving Vacation			28
	Tai Chi Chuan 6:30 - 8 pm D112 Zumba Fitness 8-9 pm New Session Starts	Belly Dancing 6:30 - 7:20 pm	Jazzercise 6-7 pm				
29	30 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 pm	1 dec. Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm Adv Tap 5:30-6:30 pm Belly Dancing 6:30 - 7:20 pm	2 Gentle Ex/Zumba Gold 9:30-10:30 am	3 Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm Line Dance 7 - 8 pm New Session Starts Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm	4 Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	5 Tai Chi Chaun 11:15 am - 12:45 pm	
	Tai Chi Chuan 6:30 - 8 pm D112 Zumba Fitness 8-9 pm New Session Starts		Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm				

notes:

Jazzercise walk-in class \$6 per session or sign up for a package of 4 classes at a discount

Zumba Toning & Zumba Fitness walk-in class \$5 per session or 4 class discount package

# december 2009

All classes meet in the **DGYM** at the Dearborn Heights Campus at 22586 Ann Arbor Trail except for the shaded classes which meet in D112, also on the Dearborn Heights campus. **D112**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 nov.	30	1	2	3	4	5
	Gentle Ex/Zumba Gold 9:30-10:30 am	Zumba Fitness 9:30-10:30 am Zumba Toning 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	Gentle Ex/Zumba Gold 9:30-10:30 am	Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm Line Dance 7 - 8 pm New Session Starts Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm	Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	Tai Chi Chuan 11:15 am - 12:45 pm
	Tai Chi Chuan 6:30 - 8 pm D112 Zumba Fitness Walk-in 8-9 pm	Adv Tap 5:30-6:30 pm Belly Dancing 6:30 - 7:20 pm	Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm			
6	7	8	9	10	11	12
	Gentle Ex/Zumba Gold 9:30-10:30 am	Zumba Fitness Walk-in 9:30 - 10:30 am Zumba Toning Walk-in 10:30-11:30 am Line Dance 11:30 am - 12:30 pm	Gentle Ex/Zumba Gold 9:30-10:30 am	Aerobics 9:30-10:30 am Gentle Yoga 9:30-10:30 am D112 Zumba Toning 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm Line Dance 7 - 8 pm	Gentle Ex/Zumba Gold 9:30-10:30 am Zumba Fitness 10:30-11:30 am	
	Tai Chi Chuan 6:30 - 8 pm D112 Zumba Fitness Walk-in 8-9 pm	Adv Tap 5:30-6:30 pm Belly Dancing 6:30 - 7:20 pm	Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning 8 - 9 pm	Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness 8-9 pm		
13	14	15	16	17	18	19
		Zumba Fitness Walk-in 9:30 - 10:30 am Zumba Toning Walk-in 10:30-11:30 am Line Dance 11:30 am - 12:30 pm		Gentle Yoga 9:30-10:30 am D112 Zumba Toning Walk-in 10:30-11:30 am Hatha Yoga 1 6-7 pm D112 Adult Tap 1 6-7 pm Line Dance 7 - 8 pm	Zumba Fitness Walk-in 10:30-11:30 am	
	Zumba Fitness Walk-in 8-9 pm	Adv Tap 5:30-6:30 pm Belly Dancing 6:30 - 7:20 pm	Jazzercise 6-7 pm Adult Hip Hop 7 - 8 pm Zumba Toning Walk-in 8 - 9 pm	Hatha Yoga 2 7:15-8:15 pm D112 Zumba Fitness Walk-in 8-9 pm		
20	21	22	23	24	25	26
		Zumba Fitness Walk-in 9:30 - 10:30 am Zumba Toning Walk-in 10:30-11:30 am				
		Belly Dancing 6:30 - 7:20 pm	Jazzercise 6-7 pm ???	Holiday Vacation		
	Zumba Fitness Walk-in 8-9 pm		Zumba Toning Walk-in 8 - 9 pm ????			
27	28	29	30	31	1 jan.	2
Holiday Vacation						
notes:						
Jazzercise walk-in class \$6 per session or sign up for a package of 4 classes at a discount						
Zumba Toning & Zumba Fitness walk-in class \$5 per session or 4 class discount package						